



Agenda and Workshop Descriptions

Day 1: September 24th

8:00-9:00 Registration/Check-In

9:00-9:15 Opening Remarks

9:15-10:45 Plenary – tai Simpson

- Radical isn't what we relegate it to be, couched in the mere distinctions between political parties. The systems in which we live limit our imagination, our ability to think, love, and be in all of our expansiveness. But Radical isn't a political position, radical is courage in the face of ridicule when we chose to care for each other and ourselves, with compassion & empathy. Radical is our journey in futurism, knowing innately that another world free of violence is possible. tai's keynote is a love song written to her ancestors, paving the way through time to inspire our collective anti-violence work in the now. She dives deep into the practical application of radical transparency, wellness, and authenticity to inspire change-agent advocacy.

10:45-11:00 Break

11:00-12:30 Workshop 1 Block

- Custody Basics
 - How does a custody case in Nevada progress from start to finish, and what terms are used? A complete look at these issues to better guide your clients.
- Organizational Wellness: Supporting Staff Beyond the Bubble Bath
 - This workshop focuses on different strategies and techniques that leadership can use to promote organizational wellness in their agencies. Through

discussion and interactive activities, leaders will come away with an action plan for how to improve the wellness climate in their agencies, deal with and move beyond issues holding them back, and support staff - including themselves - so they can continue to do this important work.

- Finding Justice for Our Relatives
 - Based on present-day efforts to understand domestic and sexual violence against Native Americans and Alaska Natives and the creation of StrongHearts Native Helpline a culturally appropriate helpline for Native Americans and Alaska Natives offering 24/7 support and advocacy via call, text and online chat services. The presentation examines deeply rooted issues that include: historical trauma, complex jurisdictional issues and the link between domestic and sexual violence and Missing and Murdered Indigenous Relatives.
- Step Up Stop Violence: Train the Trainer
 - Stand Up Stop Violence – Train the Trainer offers school faculty/staff and professionals working in community-based programs resources and strategies to incorporate violence prevention into their existing curriculum. This overview of the five-module training provides the foundation for educators and professionals to teach teens that they can take an active role in preventing power-based violence including dating and sexual violence, stalking, and bullying.

12:30-2:00 Lunch

2:00-3:30 Workshop 2 Block

- Domestic Violence and the Black Woman
 - The workshop will focus on how societal factors, such as Racism, patriarchy, and other systems of oppression have created variances that make Black women vulnerable to domestic violence while largely remaining unserved and unprotected. The focus of this program is to show how leaders can utilize skills, such as cultural intelligence and Empathy to empower black women who are victim survivors of domestic violence.
- Abuse, Violence, and Bulimia: The Complicated Common Thread of Complex Trauma
 - The eating disorder bulimia nervosa is a complicated condition impacting numerous women. Many experts agree that bulimia symptomology is often associated with the complex traumatic effects of child abuse and intimate partner and sexual violence victimization. Therefore, the examination of this multi-faceted relationship needs to be a significant focus for all professionals working with bulimic female victim-survivors. Suzanne will share valuable information regarding the associations between interpersonal violence-

related complex trauma and bulimic disordered eating and will offer empirically sound trauma-focused best practices for assessment, treatment, and woman-centered connective healing support.

- Leading a Team to Prevent Intimate Partner Violence Fatalities
 - Identifying domestic violence victims at highest risk of homicide by their intimate partner is a top priority for Elko County advocates, law enforcement, district attorney, child welfare workers and the University of Nevada, Reno Extension. Learn how Elko County has teamed up to become the first in the state to implement the Danger Assessment-Law Enforcement instrument to identify individuals at high risk for domestic violence homicide. The presenters will share how the Elko County Domestic Violence High-Risk Team has collaborated with local organizations and agencies to interrupt the cycle of violence, enhance information sharing, and provide differential responses to survivors.
- Destigmatizing Help-Seeking Behaviors: Statewide Recommendations for Priority Populations
 - This workshop will provide information on a new statewide public education campaign to promote social norms that protect against violence and adversity by reducing stigma around parent help-seeking behaviors. Participants will discuss strategies to foster help-seeking behaviors in the following priority populations: Sexual and gender minorities, families living in rural and frontier areas, Great Basin tribes, and children living in military households.

4:00-5:30 Annual Member Meeting

- Join NCEDSV for our annual membership meeting to discuss the work that we are doing, successes and hardships in your community, and more! This meeting is open to all membership levels - program, allied, or individual.

Day 2- September 25th

9:00-10:30 Plenary – Tiffany Young

- Discover the power of leveraging strengths in advocacy and individual contributions to foster diversity, equity, and inclusion. Too often, we emphasize individual strengths without discussing how to harness them effectively for meaningful change. Advocacy encompasses diverse roles, each requiring distinct skills and perspectives.

Whether you're a seasoned advocate or just starting out, this keynote will help you reflect on your strengths and skills. Explore how to channel your unique abilities into impactful advocacy that promotes equity and inclusion in all spheres of life. We can create a more inclusive society where everyone's strengths contribute to positive change. Discover how to align your strengths with the goals of promoting equity and inclusion across various aspects of life. Let's envision and work towards creating a more inclusive society where everyone's diversity, equity, and inclusion strengths contribute to positive change.

10:30-10:50 Break

10:50-12:20 Workshop 3 Block

- **Leading with Intentionality: Using Our Power on Purpose in the Domestic Violence Field**
 - Leadership is not a job position or title, but an intentional commitment to growth. In this workshop, new and aspiring leaders within the domestic violence field will explore their strengths and identify their leadership style. Participants will learn how to apply these strengths and skills to empower others, motivate change, and create a leadership strategy plan.
- **Social Media and Tech: Safety for Survivors**
 - The workshop equips advocates with the knowledge and skills to assess and guide social media and technology safety measures for victims. Learn about common technologies in location tracking and what to look out for, social media monitoring and harassment, safety planning, and how to educate survivors in fortifying their digital safety and privacy.
- **Building Relationships with Individuals that Lead to Major Gifts**
 - Is your organization dependent on grants and special events for funding? Grant funding can be fickle, and special events burn out staff, volunteers, and donors. Knowing that 80 percent of all giving comes from individuals, focus your energy on the source of most gifts. Learn how to convert small donors to major donors by starting a major gifts program for your organization.
- **Understanding Political Advocacy and Engaging with Policymakers for Systemic Change**
 - Political advocacy is one of the most effective ways to encourage and influence change within a cause or movement. This workshop will dive into the nitty gritty of how to successfully influence policy and systemic change. It will also explore NCEDSV's 2025 Legislative Session policy priorities.

12:20-2:30 Lunch

1:00-2:00 Affinity Groups

2:30-4:00 Workshop 4 Block

- Healing Futures: Weaving Health Equity and Transformative Justice into the Fabric of Sexual Violence Prevention
 - Inequity lies at the heart of violence, including Intimate Partner Violence (IPV) and sexual assault, necessitating equity-centered practices for safer communities. This training explores the social determinants of health and the impact of violence, delving into both its historical roots and present-day manifestations. Through the lens of transformative justice, we will discuss strategies for addressing the systemic causes of violence by transforming societal norms and institutions. We will highlight successful programs that prioritize the voices and experiences of the most marginalized, those most vulnerable to violence. Engaging in dialogue, we aim to identify tangible, actionable steps for community-wide engagement and prevention. By integrating transformative justice principles, we seek to center the voices of survivors by fostering healing and accountability, moving beyond traditional punitive approaches.
- Black Girl Magic/Fat Girl Liberation
 - Black Girl Magic/Fat Girl Liberation is about the history, social understanding, and freedom of marginalized bodies. This session will go over terms, history, media presentation, how Fatphobia and Racism play together and how they play out in us.
- Facilitating Workshops, Retreats, Focus Groups, and Listening Sessions
 - If you are in a leadership role, you may be called upon to facilitate various types of meetings, including workshops, retreats, focus groups, and listening sessions. While each of the sessions are unique there are common skills that can be transferrable among these sessions. We will describe each type of session, how they are similar and different from each other and how to lead each type of session.
- Understanding the Intersection of Child Welfare and Domestic Violence
 - The co-occurrence of domestic violence with child maltreatment concerns can challenge workers who are charged with addressing the child's safety and wellbeing, the safety and empowerment of the adult victim, and also engaging the perpetrator/batterer in accountability. This workshop will provide an overview of the dynamics related to domestic violence and how workers engage with victims, identified perpetrators and children. We want to acknowledge that there are systems in place that will continue to create challenges for workers.

4:00-6:00 At Your Cervix Screening

- At Your Cervix is a groundbreaking documentary exposing the little-known, unethical practice of conducting non-consensual pelvic exams on unconscious patients. This practice is still legal in 29 states, and is the direct result of the racist, misogynistic, and violent history of gynecology. Join NCEDSV for a screening of this documentary and follow-up discussion on the direct correlation of non-consensual pelvic exams with power-based violence, and how we can be advocates for ourselves and others.
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Day 3- September 26th

9:00-10:30 Plenary – Alisa Zipursky

- When it comes to working in the sexual violence field, we are inundated with conflicting messages about how we should act in order to make political change, build community, and support survivors. Often we are expected to be held to impossible standards of professionalism, while, at the same time, experiencing social pressure to disclose our own trauma to build community. And it sucks, big time. Author Alisa Zipursky shares her experiences writing the groundbreaking self-help book to support survivors of childhood sexual abuse, *Healing Honestly: The Messy and Magnificent Path to Overcoming Self-Blame and Self-Shame*, a self-help book to support survivors of childhood sexual abuse. Alisa describes navigating the traps of being told she couldn't use humor in her work (she's very, very funny), demands for her to disclose more about her trauma, and the questioning of her "credibility" as a public survivor. While Alisa is very sorry that she cannot offer any quick solutions, she offers insights into why it can feel so impossible showing up in this work and ways we can support each other through these wildly tricky waters.

10:30-11:30 Alisa Zipursky Book Signing

11:30-1:00 Workshop 5 Block

- Training the Helpers on a Foundation of HOPE: Using Family Science as a Foundation for Advocate Education
 - This presentation will discuss the ways in which Family Science and Certified Family Life Education can inform the ways in which community helpers are trained and educated. Combining the rich histories of Family Science (NCFR, 2023), the CFLE Content areas (NCFR, 2020) and Cooperative Extensions history (United States Department of Agriculture National Institute of Food and Agriculture, 2023) provides the foundation for developing research-

based educational trainings and curriculum that are aligned with trauma-informed best practices for families. As such, the 40-Hour Hope Advocate Training (H.A.T.) was developed to address one of the most prevalent and ever-changing landscapes facing our community, working with survivors of IPV.

- A Path to Empowerment: Self-Advocacy and Care in the Workplace
 - In a field that is focused on the needs of others, self-advocacy is a powerful tool that can lead to positive change and personal growth. In this workshop, participants will understand how to be an advocate for themselves in the workplace - learning how to identify and voice their needs, address concerns on an organizational level, and develop the tools necessary to challenge oppression and create a more equitable, inclusive, and empowered future for themselves in their work and personal lives.
- Vela Demo
 - Interested in using VELA to track your data? Join them for a demo to see how Vela can help you more accurately report your data, keep it safe and secure while saving you time. Vela is made by advocates, for advocates, and aims to build solutions that support your mission.

