

## Hanging Out or Hooking Up? Teen Relationship Abuse: What Is It? How Can I Help?

## **Training Overview:**

This presentation will discuss how to identify relationship abuse, support adolescents who are struggling in an abusive relationship and the key elements for promoting healthy relationships universally. This presentation is an introduction for understanding the complexity of adolescent relationship abuse and setting the stage for promoting healthy relationships.

## **Presentation Topics:**

- Scope of the problem
- Definitions
- Warning signs "RED flags"
- Barriers to leaving an abusive relationship
- How to support a teen
- Promoting healthy relationships
- Tools and resources for teens, parents, educators and other professionals

## **Facilitators:**

Judy Henderson, Senior Training Coordinator, NCEDSV

Registration Information: Feb. 1, 2023, 3:00PM - 5:00PM Register Here

**Recommended Audience:** Recommended audiences: educators, coaches, counselors, school administrators, social workers, batterer intervention facilitators, and other professionals working with young adults. In addition, parents, caregivers, and school board members are welcome to attend.

**CEUs:** CEU's are available free to all NCEDSV members. Non-members will be contacted to pay a \$35 fee post-registration. If you have any questions about your membership status, please reach out to adminlv@ncedsv.org.

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