



## MY VOICE - MY CHOICE

Join the Nevada Coalition to End Domestic and Sexual Violence (NCEDSV) for a **virtual forum** during Teen Dating Violence Awareness Month. Learn about relationship abuse from someone who has experienced this first-hand. She will share her story, her challenges, how she got help and survived. All of us need to know we are not alone in this struggle, we are not to blame and we do not deserve the abuse. There is help available in your own community.

### The forum will cover:

- What is a healthy relationships
- How to help a friend
- How to prevent relationship abuse

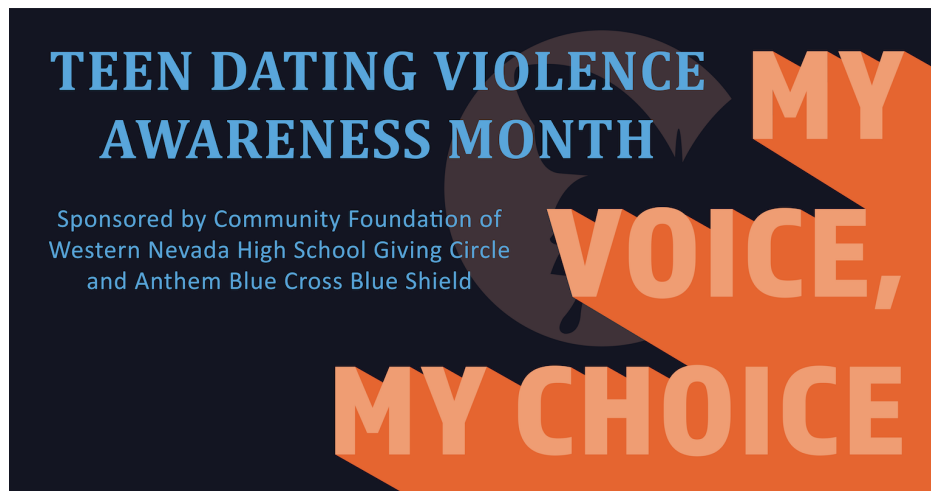
This event will include an open Q&A discussion with a focus on young adult conversations.

**Teen and Young Adult Forum:** [Register Here](#)

**Speaker:** Briana Vallejo, Survivor of Teen Dating Violence

**Date:** Tuesday, February 16: 3:30PM -5:00PM

**Recommended Audience:** Open to ages 11-21



Confidentiality is extremely important for everyone so we can provide a safe and supportive environment for you to feel free to ask any questions about your own or a friend's personal relationships. Professionally trained domestic and sexual violence advocates will be in attendance to offer immediate support, if needed. Young adults do not need to register using their real names, just an email you create so we can communicate any changes in date, time, technology glitches, etc. We will be using the Zoom platform so access is required to join this event.

The opinions, findings, conclusions, and recommendations expressed in this forum are those of the presenter(s) and do not necessarily reflect the views of the Community Foundation of Western Nevada High School Giving Circle or Anthem Blue Cross Blue Shield.